# **IRONS FITTING PROTOCOL**

### **STEP 1 - PRE-FIT INTERVIEW**

Identify player's goals and preferences:

- Player Type
- Higher
  Forgiveness
- Distance
  Accuracy
- Workability
- Lower

## STEP 2 - HEAD SELECTION

- **Paradym** Hollow back players iron provides high ball speeds and forgiveness on off-center strikes
- **Paradym X** Hollow back game improvement iron featuring wider soles and more offset.

### **STEP 3 - DETERMINE FLEX BASED ON SWING SPEED**

General Guide based on 7-Iron Head Speed (MPH):

- X-Stiff 90-100
- Stiff 80-90
- Regular 70-80
- Light 60-70



#### **STEP 4 - SHAFT LENGTH**

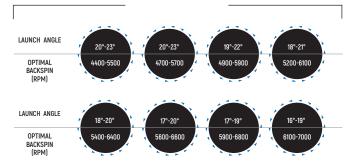
- Static measurement wrist to ground
- Dynamic observation player posture

				PLAY	PLAYER HEIGHT (ft in)	- (ft in)				
	2, 0,,	5' 2"	5' 4"	2, 6"	5' 8"					6' 6"
30.5"	-2"	-2"								
31"	-2"	-11⁄2"	-1½"							
31.5"	-1½"	-11⁄2"	-11/2"	"L-	-1/2"	-1/2"				
32"	-1½"	-11⁄2″	-1"	-1/2"	-1/2"	" <u>2/1</u> -	-1/2"			
32.5"	-11/2"	-1 <i>"</i>	-1"	-1/2"	-1/2"	STD	STD	STD		
33"	-1.	-1"	-1"	-1/2"	-1/2"	STD	STD	STD	STD	
33.5"	"L-	-1"	-1"	-1/2"	STD	STD	STD	STD	STD	STD
34"		"L-	-1/2"	-1/2"	STD	STD	STD	STD	STD	+1/2"
34.5"			-1/2"	-1/2"	STD	STD	STD	STD	+1⁄2"	+1/2"
35"	-1/2"	" <u>2/</u> 1-		STD	STD	STD	STD	+1/2"	+1/2"	
35.5"		STD	STD	STD	STD	STD	STD			
36"			STD	STD	STD	STD	STD			+1/2"
36.5"				STD	STD	STD	STD	+1/2"	"l+	"l+
37"					+1/2"	+1⁄2"	+1/2"	+1/2"	"l+	+1"
37.5"									+1"	+1"
38"							+1/2"	+1/2"	"l+	+1½"

## **STEP 5 - HEAD SELECTION**

- If more forgiveness is needed, move to Paradym X.
- If more workability is needed, move to Paradym.

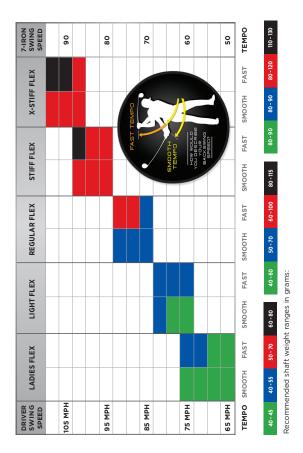
\*Assuming Ideal Club Delivery for Maximizing Distance and Control.



# **STEP 6 - FINE TUNE SHAFT**

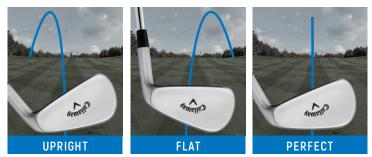
Steel vs. graphite:

- · Benefits of graphite typically lighter, faster and less vibration.
- · Benefits of steel typically more responsive.



#### **STEP 7 - LIE ANGLE**

· Dynamic testing using lie board or striped golf ball



### **STEP 8 - GRIP**

Preference and sizing

### **STEP 9 - SET MAKEUP**

- Determine longest iron player is comfortable hitting
- Wedges start with 4° 6° more loft than highest lofted wedge in the set.