

HYBRID FITTING PROTOCOL

STEP 1 - PRE-FIT INTERVIEW

Use baseline numbers from their Iron Fitting or if unsure start with a **PARADYM**. Determine player's goals and preferences for hybrids:

- Player Type
- Distance
- Accuracy
- Lower
- Higher
- Forgiveness
- Workability

STEP 2 - DETERMINE FLEX BASED ON SWING SPEED

General Guide based on 7-Iron Head Speed (MPH)

- X-Stiff - 90-100
- Stiff - 80-90
- Regular - 70-80
- Light - 60-70
- Ladies - Under 60

STEP 3 - GAPPING

Determine the longest iron a player feels comfortable hitting along with 7-Iron Carry Distance. (Assuming ideal club delivery).

7-IRON CARRY DISTANCE	170 YDS +	160-169 YDS	150-159 YDS	140-149 YDS	130-139 YDS	129 YARDS OR LESS
SUGGESTED WOODS	3W	3W, 4W	3W, 5W	3W, 5W, 7W	5W, 7W, 9W	5W, 7W, 9W
SUGGESTED HYBRIDS	2H	3H, 4H	3H, 4H	3H, 4H, 5H	4H, 5H, 6H	5H, 6H, 7H

STEP 4 - SHOT SHAPE

- If excessive fade/slice spin is occurring with **Paradym**, try **Paradym X**.
- If excessive draw/hook spin is occurring, try **Paradym**.

STEP 5 - FINE TUNE SHAFT

Shaft Weight: Lighter may produce more head speed for more distance; heavier may produce more consistency for tighter dispersion

Feel: Lighter shafts will typically feel "softer" and more flexible; heavier shafts will typically feel "stiffer" and less flexible

Recommendation: Start the player in the same shaft flex as their irons and/or a shaft that is -10-20 grams lighter than their recommended iron shaft