

FAIRWAY WOOD FITTING PROTOCOL

STEP 1 - PRE-FIT INTERVIEW

Use baseline numbers from their Driver Fitting or if unsure start with **PARADYM**.

- Head Speed/Ball Speed/Efficiency
- Launch and Spin
- Side Angle/Side Spin
- Attack and Path
- Carry and Total Distances

STEP 2 - DETERMINE FLEX BASED ON SWING SPEED

General Guide based on Driver Head Speed (MPH)

- X-Stiff - 105+
- Stiff - 95-105
- Regular - 85-95

STEP 3 - GAPPING

Determine the longest iron a player feels comfortable hitting along with 7-Iron Carry Distance (Assuming ideal club delivery).

7 IRON CARRY DISTANCE	170 YDS +	160-169 YDS	150-159 YDS	140-149 YDS	130-139 YDS	129 YARDS OR LESS
SUGGESTED WOODS	3W	3W, 4W	3W, 5W	3W, 5W, 7W	5W, 7W, 9W	5W, 7W, 9W
SUGGESTED HYBRIDS	2H	3H, 4H	3H, 4H	3H, 4H, 5H	4H, 5H, 6H	5H, 6H, 7H

STEP 4 - SHOT SHAPE

- If excessive fade/slice spin is occurring, try **PARADYM X**.
- If excessive draw/hook spin is occurring, try **PARADYM TRIPLE DIAMOND**.
- If the player is looking for a lower trajectory, try **PARADYM TRIPLE DIAMOND**.
- If the player is looking for a higher trajectory, try **PARADYM X**.

STEP 5 - FINE TUNE SHAFT

Shaft Weight - Lighter may produce more head speed for more distance; heavier may produce more consistency for tighter dispersion.

Feel - Lighter shafts will typically feel "softer" and more flexible; heavier shafts will typically feel "stiffer" and less flexible.

Recommendation - Start the player in the same shaft as their driver or a shaft that is -10 grams heavier.